

# Psychoeducation about trauma for care-coordinators

## Nishanthie Dolage

<http://www.telresources.org/resource5>

TYPE                      Students will discover how the brain reacts to trauma, how it is processed as a traumatic memory  
LEVEL                     tertiary,vocational  
SUBJECT                  mental health and trauma  
KEYWORDS                mental health,brain,mind,trauma,memory

Students will discover how the brain reacts to trauma, how it is processed as a traumatic memory. Reason for trauma memories to persistent. Have a basic understanding how trauma therapy works, how traumatic memory becomes a normal memory through therapy.

MEDIA                    [https://www.youtube.com/watch?v=bE6\\_V79i\\_Yw](https://www.youtube.com/watch?v=bE6_V79i_Yw)